



Renaissance Health  
Medical Aid Fund

*We revolve around your health*

# PRESTIGE CARE GUIDE

2020

# PRESTIGE CARE

## OVERALL ANNUAL LIMIT

Unlimited



## MONTHLY CONTRIBUTIONS

AGE	INDIVIDUAL RATES 9 members or less			GROUP RATE 1 For groups with 10 - 49 Principal Members			GROUP RATE 2 For groups with 50 - 249 Principal Members			GROUP RATE 3 For groups with 250 and more Principal Members		
	Principal Member	Adult Dependand	Child Dependand	Principal Member	Adult Dependand	Child Dependand	Principal Member	Adult Dependand	Child Dependand	Principal Member	Adult Dependand	Child Dependand
0 - 25	3,505	2,460	1,690	3,015	2,150	1,460	2,835	1,995	1,345	2,675	1,900	1,285
26 - 30	4,095	2,855	1,690	3,540	2,455	1,460	3,315	2,305	1,345	3,130	2,175	1,285
31 - 35	4,415	3,060	1,690	3,845	2,640	1,460	3,580	2,470	1,345	3,375	2,330	1,285
36 - 40	4,980	3,690	1,690	4,315	3,205	1,460	4,005	2,985	1,345	3,790	2,820	1,285
41 - 45	5,490	4,110	1,690	4,755	3,585	1,460	4,440	3,340	1,345	4,195	3,150	1,285
46 - 50	5,975	4,690	1,690	5,175	4,075	1,460	4,825	3,790	1,345	4,585	3,610	1,285
51 - 55	6,535	5,030	1,690	5,645	4,355	1,460	5,275	4,060	1,345	4,990	3,855	1,285
56 - 60	7,125	5,595	1,690	6,195	4,840	1,460	5,780	4,540	1,345	5,455	4,300	1,285
61 - 65	7,800	6,010	1,690	6,760	5,205	1,460	6,300	4,860	1,345	5,955	4,590	1,285
66+	8,525	6,590	1,690	7,400	5,695	1,460	6,880	5,315	1,345	6,530	5,045	1,285



# HOSPITAL Benefits

**TARIFF %****BENEFITS**

TOTAL ALL-INCLUSIVE OVERALL ANNUAL LIMIT		Unlimited
<b>HOSPITAL BENEFIT GROUP (Subject to clinical risk management protocols)</b>		Unlimited
Private hospital (Including medicines, materials, hospital apparatus and seven days Take-Out Medication).	100%	Unlimited
Accommodation in private wards.	100%	N\$ 45, 500 per family N\$ 22, 300 per beneficiary
State hospitals (Including medicines, materials, hospital apparatus & seven days, Take-Out Medication).	100%	Unlimited
Sub-acute facility ward fees. (Admission in lieu of hospitalisation).	100%	
Consultations including treatment and services.	225%	
Blood transfusion.	100%	
Radiology and Pathology.	100%	
Physiotherapy.	100%	
Post Operative Extended Benefit (Following major surgery). Part of pre-authorisation and clinical protocols.	100%	
<b>SURGICAL PROCEDURES DONE IN ROOMS / UNATTACHED THEATRES</b>		Part of the Overall Annual Limit
Doctors' rooms - Selective surgical and endoscopic procedures, circumcisions. Inclusive benefit - Admissions, surgery, treatment and services. Part of pre-authorisation and clinical protocols.	225%	Unlimited
Admission to unattached operating theatres and sub-acute facilities.	100%	
Selective surgical and endoscopic procedures, circumcisions - unattached operating theatres, doctors' rooms and sub-acute facilities. Including surgery, treatment and services. Part of pre-authorisation and clinical protocols.	225%	
<b>MRI / CT / PET SCAN / BONE DENSITY (In- and Out-of-Hospital)</b>		N\$ 65, 600 per family N\$ 32, 900 per beneficiary
In- and Out-of-Hospital Benefit. Part of pre-authorisation and clinical protocols.	100%	Part of the sub-limit
<b>MAXILLOFACIAL AND DENTAL SURGERY (In- and Out-of-Hospital)</b>		N\$ 150, 000 per family N\$ 100, 000 per beneficiary
Non-elective maxillofacial / oral surgery - Trauma, including dental extractions of more than three teeth or multiple fillings in children under the age of ten and disabled dependants / removal of impacted wisdom teeth. (All-inclusive benefit - surgery, treatment and services). Part of clinical protocols.	225%	Part of the sub-limit
<b>DENTAL AND ORAL SURGERY</b>		N\$ 25, 300 per family N\$ 16, 800 per beneficiary
Admission.	100%	Part of the sub-limit
Elective dental and oral surgery, including dental implant surgery, excluding the cost of the dental implant. (All-inclusive benefit - surgery, treatment and services). Part of clinical protocols and applicable Medical Aid Fund Rules.	225%	
<b>EYE SURGERY</b>		Part of the Overall Annual Limit
Admission.	100%	Unlimited
Including cataract surgery, glaucoma surgery, eye muscle surgery, corneal surgery, eye removal, vitreo-retinal surgery, etc. (All-inclusive benefit - admission, surgery, treatment and services). Part of clinical protocols and twelve month waiting period.	225%	
Excimer laser and radial keratotomy only after two years membership. (All-inclusive benefit - admissions, surgery, treatment and services). Part of clinical protocols.		N\$ 37, 500 per family N\$ 25, 000 per beneficiary
<b>RECONSTRUCTIVE SURGERY</b>		N\$ 29, 100 per family N\$ 19, 400 per beneficiary
Admission.	100%	Part of the sub-limit
Reconstructive Surgery - After two years membership, including breast reductions. (All-inclusive benefit - admissions, surgery, treatment and services). Part of clinical protocols.	225%	
<b>ALTERNATIVE SERVICES</b>		N\$ 50, 600 per family N\$ 35, 000 per beneficiary
In- and Out-of-Hospital Benefit including occupational therapy, private nursing, palliative care (end stage terminal diseases) and frail care.	100%	Part of the sub-limit
<b>MENTAL HEALTH</b>		21 days per beneficiary
In- and Out-of-Hospital treatment and services, including psychiatric hospital accommodation, treatment and services, alcohol & drug addiction, addiction therapy and related pathology. (Part of treatment plan protocols). Excluding auxiliary services, which is part of the day to day benefit limits.	100%	21 days per beneficiary
<b>INTERNAL PROSTHESIS</b>		Subject to RHMAF protocol
Internal prosthesis - example: knee / hip / pacemakers. Part of pre-authorisation and clinical risk management protocols.	100%	Subject to RHMAF protocol
<b>TRAUMA TREATMENT</b>		Part of the Overall Annual Limit
Oncology (Including chemo and radiation treatment), organ transplant, acute renal and peritoneal dialysis (In hospital).	225%	Unlimited
Oncology (Including chemo and radiation treatment), organ transplant, acute renal and peritoneal dialysis (Out of hospital).	180%	
Motor Vehicle Accidents (MVA).	225%	
<b>HEALTH IS VITAL</b>		Part of the Overall Annual Limit
Hospital and treatment.	100%	Unlimited
HIV / AIDS visits.	100%	N\$ 3, 500 per family
HIV / AIDS pathology.	100%	N\$ 12, 700 per family
HIV / AIDS medication.	100% NRP	N\$ 41, 600 per family
HIV counselling.	100%	N\$ 4, 900 per family



## DAY-TO-DAY Benefits

**TARIFF %****BENEFITS****PROFESSIONAL SERVICES**N\$ 36, 800 per family  
N\$ 18, 300 per beneficiary

General Practitioner, specialist consultations and primary healthcare consultations.	100%
General Practitioner and specialist administration fee for chronic patient applications and medical reports.	Agreed Tariff
Pharmacist and telephone consultations.	100%
General Practitioner / primary and specialist procedures in rooms including equipment, materials and injections.	100%
Psychiatric treatment.	100%
Radiology.	100%
Pathology.	100%

Part of Professional Service limit

**PARAMEDICAL SERVICES**N\$ 19, 600 per family  
N\$ 9, 800 per beneficiary

Including physiotherapy, social workers, speech therapy, audiology, acousticians, dieticians, occupational therapy, clinical psychology, biokinetics, homeo / chiro / osteopathy, podiatry, acupuncture, etc.	100%
Auxiliary services - Biokinetics, homeo / chiro / osteopathy, podiatry, acupuncture, etc.	100%

Part of the sub-limit

**EXTERNAL PROSTHESIS AND MEDICAL APPLIANCES**N\$ 87, 500 per family  
N\$ 43, 800 per beneficiary

Prosthesis external - Artificial arms / legs / eyes every two years. Part of pre-authorisation and approval.	100% of cost
Special external medical appliances - Wheelchairs every three years; hearing aids apparatus every two years. Part of pre-authorisation and approval.	90% of cost
General external medical appliances - Including glucometers, blood pressure monitors, stockings, braces etc. Part of pre-authorisation and approval.	80% of cost

Part of the sub-limit

**OPTICAL BENEFIT**N\$ 13, 300 per family  
N\$ 5, 800 per beneficiary

Eye tests.	100%
Lenses / contact lenses.	100%
Frames, once every two years.	100%

Part of the sub-limit

N\$ 2, 300 per beneficiary

**DENTISTRY BENEFIT**N\$ 37, 700 per family  
N\$ 17, 900 per beneficiary

Conservative dentistry - Fillings, extractions and oral hygiene.	100%
Special dentistry - Dental implants, crowns, bridges, dentures and orthodontic treatments. Part of pre-authorisation and approved treatment plan.	100%

Part of the sub-limit

**MEDICATION BENEFIT**N\$ 53, 600 per family  
N\$ 23, 900 per beneficiary

Acute medication - Preferred and non-preferred.	80% NRP
Pharmacy initiated therapy and OTC medication. Maximum of N\$ 200 per script.	80% NRP
Homeopathic medication.	80% NRP
Primary health scripts.	80% NRP
Chronic medication - Preferred and non-preferred.	Preferred 90% Non-preferred 80%

Part of Acute Medication sub-limit

N\$ 32, 900 per family  
N\$ 15, 600 per beneficiary**EXTENDED MEDICATION BENEFIT**

N\$ 137, 400 per family

In- and Out-of-Hospital: Extended Medication Benefit cover for oncology, renal care and organ transplant (excluding chemo and radiation therapy and treatment). Part of registration and treatment plan protocols. Chronic medication related to severe illness conditions may be extended to this benefit, where Medication Benefit has been depleted. Part of registration and treatment plan protocols.	
Preferred medication.	90% NRP
Non preferred medication.	80% NRP
Specialised medicines such as biologicals (In terms of defined conditions and part of managed care protocols - excluding off-label medication. In- and Out-of-Hospital).	80% NRP

Part of the sub-limit



## MATERNITY Benefits

**TARIFF %****BENEFITS****MATERNITY AND BABY BENEFIT**

Unlimited

Gynaecology / obstetric - In hospital.	225%
Gynaecology / obstetric - Out of hospital.	100%
Maternity scans.	100%
Antenatal visits.	100%
Amniocentesis - AHB excluded.	100%
Neonatal ICU / ward fees.	100%
Paediatrician visits - Postnatal.	100%

Normal birth / Caesarean Section

Unlimited

2 scans per beneficiary

12 visits per beneficiary

Unlimited

2 visits per family, per annum



## WELLNESS Benefits

**TARIFF %****BENEFITS**

WELLNESS MANAGEMENT		N\$ 10, 000 per family
<b>PREVENTATIVE HEALTH BENEFIT (Members may earn benefit rewards for participation)</b>		
Blood sugar test, cholesterol test, BMI and blood pressure measurement.		100%
Dental examinations.		100%
Mammogram (inclusive DEXA bone density scan) - Radiology.		100%
Pap smear. Pathology including general practitioner / gynaecology visits.		100%
HIV test all ages.		100%
Prostate screening. Pathology prostate specific antigen test.		100%
Chronic disease wellness management - Follow-up test in the management of selective chronic diseases including: chronic renal failure, diabetes mellitus type 1 & 2, HIV / Aids, hyperlipidemia and multiple sclerosis (MS) - Excluding specialised radiology, which will be payable from the available MRI / CT Benefit.		100%
<b>WELLNESS REWARD - BENEFIT WALLET ALLOCATION FOR PREVENTATIVE HEALTH BEHAVIOUR</b>		Benefit Wallet Reward Points
Blood sugar test, cholesterol test, BMI and blood pressure measurement.		100
Dental examinations.		100
Mammogram (inclusive DEXA bone density scan) - Radiology.		150
Pap smear. Pathology including general practitioner / gynaecology visits.		100
HIV test, all ages.		100
Prostate screening. Pathology prostate specific antigen test.		150
Chronic medication compliance.		150
<b>IMMUNISATION (Vaccines only)</b>		Part of Wellness Management
Flu vaccines.		100% NRP
Pneumococcal vaccine.		100% NRP
Baby immunisations 0 - 7 years.		100% NRP
HPV vaccine - Females between 9 - 30 years.		100% NRP
<b>PREVENTATIVE REHABILITATION TREATMENT</b>		Part of Preventative Benefit sub-limit
Orthopaedic rehabilitation and treatment relating to Chronic disease management - Part of approved treatment plans, pre-authorisation and clinical risk management. (Note - Biokinetic treatment plans for orthopaedic rehabilitation and chronic members disease management - may first be approved and payable from the normal day to day Paramedical Services Benefit - additional required treatment sessions may be considered for approval from the Preventative Rehabilitation Treatment Benefit - subject to available treatment sessions).		100%



## COMPLEMENTARY Benefits

**TARIFF %****BENEFITS**

PREMIUM PROTECTION		Period
Covers monthly Medical Aid Fund contributions on the life of the Principal Member.		100%
<b>TRAVEL AND ACCOMMODATION BENEFIT</b>		N\$ 5, 700 per family
Transport cost when referred for specialist services not available in the area of residence.		100% of cost
<b>BENEFIT REWARDS</b>		Low claiming threshold levels
1. Each dependant is allocated with a threshold value per annum. Should you claim less than your threshold value as at 31 December of each year, the remaining balance of your threshold may be transferred to your Benefit Wallet. (The balance is transferred after 4 months to allow for the run off of medical claims incurred in the previous year).		Principal Member N\$ 5, 600 Adult Dependant N\$ 4, 200 Child Dependant N\$ 1, 900
2. Members participating in wellness day initiatives and preventative testing may earn additional Benefit Wallet rewards, this includes early registration on the maternity program and additional rewards for normal deliveries.		
3. 80% of unused benefits in the Benefit Builder may be transferred annually to the Benefit Wallet (The balance is transferred after 4 months to allow for the run off of medical claims incurred in the previous year).		
<b>BENEFIT WALLET</b>		Subject to availability of Benefit Wallet benefits, medical treatment and services obtained from a registered medical facility.
Accumulated Benefit Wallet benefits may be used for purchasing of medical treatment and services in terms of the Medical Aid Funds Act, provided that the member pays first and claims back from the Benefit Wallet within the 4 month claiming period. Allow Provider payments for excess of Benefit and tariff rejections.		100% of cost
<b>LONGSTANDING MEMBERSHIP REWARDS</b>		Group Rate 1 Contributions
A member who is 65 or older and has been with the Fund for more than 20 years may qualify for Group Rate 1 contribution.		Provided the member is not already on a Group Rate status
<b>INTERNATIONAL RESCUE ME &amp; ASSISTANCE (In addition to the Overall Annual Limit)</b>		N\$ 10, 000, 000 per family
Emergency evacuation and ambulance services (air or road).		100%
Repatriation (SADC) - Return after emergency or return of mortal remains.		100%
Medical treatment.		100%
Evacuation, repatriation, return of children.		100%

**Disclaimer:** The Renaissance Health Medical Aid Fund is registered with NAMFISA and is managed by the Board of Trustees, representative of the members of the Fund and in terms of the Rules of the Fund as approved by NAMFISA. The guide is an extract from the Rules and Benefits as a reference guideline only. Should there be any discrepancies, misprints and / or interpretation thereof, the Rules registered with NAMFISA will prevail. The Renaissance Health Medical Aid Fund Rules and Benefits are subject to the approval of the Registrar of Medical Aid Funds.



# BENEFIT BUILDERS

We acknowledge that each individual person's healthcare needs are unique, and that his / her health status may change at any time during the year. For this reason we offer you a plethora of medical benefits, which you may buy, in order to extend your cover. Please call us at +264 83 299 9000 to apply.

BENEFIT BUILDER OPTIONS	ANNUAL CONTRIBUTION	MONTHLY CONTRIBUTIONS
Family Benefit Builder N\$ 3, 000	N\$ 2, 700	N\$ 225
Family Benefit Builder N\$ 5, 000	N\$ 4, 500	N\$ 375
Family Benefit Builder N\$ 7, 000	N\$ 6, 300	N\$ 525
Family Benefit Builder N\$ 10, 000	N\$ 9, 000	N\$ 750
Family Benefit Builder N\$ 12, 000	N\$ 10, 800	N\$ 900
Family Benefit Builder N\$ 15, 000	N\$ 13, 500	N\$ 1, 125
Family Benefit Builder N\$ 17, 000	N\$ 15, 300	N\$ 1, 275
Family Benefit Builder N\$ 20, 000	N\$ 18, 000	N\$ 1, 500
Family Benefit Builder N\$ 22, 000	N\$ 19, 800	N\$ 1, 650
Family Benefit Builder N\$ 25, 000	N\$ 22, 500	N\$ 1, 875

BENEFIT BUILDERS COVER	TARIFF %	BENEFITS
<b>DAY-TO-DAY BENEFITS</b>		
<b>MEDICAL SERVICES</b>		
General Practitioner, specialist consultations and primary healthcare consultations.	100%	Part of the family limit
General Practitioner and Specialist administration fee for chronic patient applications and medical reports.		
Pharmacist and telephone consultations.		
General Practitioner / primary and specialist procedures in rooms including equipment, materials and injections.		
Psychiatric treatment.		
Radiology and Pathology.		
Alcohol and drug addiction and addiction therapy and related pathology. Part of treatment plan protocols.		
Paramedical services including physiotherapy, social workers, speech therapy, audiology, acousticians, dietitians, occupational therapy, clinical psychology, biokinetics, homeo / chiro / osteopathy, podiatry, acupuncture, etc.		
<b>TRANSPORT AND ACCOMMODATION</b>		
Transport cost when referred for specialist services not available in the area of residence.	100%	Part of the family limit
<b>MEDICATION</b>		
Acute medication (Non-preferred and preferred medication) including homeopathic medication and primary health scripts.	100% NRP	Part of the family limit
Pharmacy initiated therapy and OTC medication. Maximum of N\$ 200 per script.	100% NRP	
Chronic medication (Preferred).	100% NRP	
Chronic medication (Non-preferred).	100% NRP	
<b>OPTICAL BENEFIT</b>		
Lenses / contact lenses.	100%	Part of the family limit
Frames.		
Eye tests.		
<b>DENTISTRY BENEFIT</b>		
Conservative dentistry and specialised dentistry including - Fillings, extractions and oral hygiene, dental implants, crowns, bridges, dentures and orthodontic treatment.	100%	Part of the family limit
<b>HOSPITAL BENEFITS</b>		
<b>MRI / CT / PET SCAN / BONE DENSITY (In- and Out-of-Hospital)</b>		
In- and Out-of-Hospital Benefit. Part of pre-authorisation and clinical protocols.	100%	Part of the family limit
<b>MAXILLOFACIAL AND DENTAL SURGERY (In- and Out-of-Hospital)</b>		
Non-elective maxillofacial / oral surgery - Trauma, including dental extractions of more than three teeth or multiple fillings in children under the age of ten and disabled dependants / removal of impacted wisdom teeth. (All-inclusive benefit - surgery, treatment and services). Part of clinical protocols.	100%	Part of the family limit
<b>DENTAL AND ORAL SURGERY</b>		
Elective dental and oral surgery, including dental implant surgery, excluding the cost of the dental implant. (All-inclusive benefit - surgery, treatment and services). Part of clinical protocols and applicable Medical Aid Fund Rules.	100%	Part of the family limit
<b>EYE SURGERY</b>		
Excimer laser and radial keratotomy only after two years membership. (All-inclusive benefit - admissions, surgery, treatment and services). Part of clinical protocols.	100%	Part of the family limit

## RECONSTRUCTIVE SURGERY

Reconstructive Surgery - After two years membership, including breast reductions. (All-inclusive benefit - admissions, surgery, treatment and services). Part of clinical protocols.

100%

Part of the family limit

## ALTERNATIVE SERVICES

In- and Out-of-Hospital Benefit including occupational therapy, private nursing, palliative care (end stage terminal diseases) and frail care.

100%

Part of the family limit

## MENTAL HEALTH

In- and Out-of-Hospital treatment and services, including psychiatric hospital accommodation, treatment and services, alcohol & drug addiction, addiction therapy and related pathology. (Part of treatment plan protocols). Excluding auxiliary services, which is part of the day to day benefit limits.

100%

Part of the family limit

## HEALTH IS VITAL

HIV / AIDS visits.

HIV / AIDS pathology.

HIV / AIDS medication.

HIV counselling.

100%

Part of the family limit

# BENEFIT WALLET

Early maternity registration and natural births; 80% of unused Benefit Builders; participating in wellness days and preventative testing; and when a member claims less than the threshold, the balance is carried over to the Benefit Wallet.



## SUPPORT

### CLIENT SERVICE

+264 83 299 9000  
rhmafinfo@prosperitynam.com

### NEW BUSINESS

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### MEMBERSHIP

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### CLAIMS

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### HOSPITAL PRE-AUTHORISATION

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### 24 HOUR EMERGENCY & SUPPORT

+264 61 2999 363

### REGISTRATION

CHRONIC PROGRAMME  
DISEASE MANAGEMENT PROGRAMME  
HIV MANAGEMENT PROGRAMME  
MATERNITY PROGRAMME  
+264 83 299 9000



## BRANCHES

### WINDHOEK

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### WALVIS BAY

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Fax: +264 64 206 094



## MEMBER PRODUCT MANAGEMENT



### MEMBER PORTAL

Use the member portal to manage your Renaissance Health Product in conjunction with the member mobile app

- Visit [www.rhmaf.com.na](http://www.rhmaf.com.na)
- Go to the drop down menu 'Home'
- Select 'Portal Login'
- A new login window will open.

If you have not yet registered, you will find links that help you register, as well as an explainer on how to use the portal.

### MEMBER MOBILE APP

Use the Prosperity Health mobile app to manage your Renaissance Health Product in conjunction with the member portal. The app is available at no cost.

- Search for Prosperity Health on the app store or
- Google play and download the app.
- Follow the easy instructions to register.





**Renaissance Health**  
Medical Aid Fund



[www.rhmaf.com](http://www.rhmaf.com)



**Renaissance Health Medical Aid Fund**



[rhmaf.nam](https://www.instagram.com/rhmaf.nam)



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